

9) What do we have to do in order to truly trust God?

10) How do we live the life of Faith in the midst of our adversity?

11) “It is only from the Scriptures, _____ to our _____ by the _____ Spirit, that we receive the _____ to trust _____ in our adversity.”

Lamentations 3:37-38 *Who is he who speaks and it comes to pass, when the Lord has not commanded it? 38 Is it not from the mouth of the Most High that woe and well-being proceed?*

12) Why can we take comfort in God’s sovereignty in our adversities?

13) Why must we trust God in our trials even when we do not understand them?

14) What is our primary purpose in this study of Trusting God in the midst of personal suffering?

Quote: “God in His love always wills what is best for us. In His wisdom He always knows what is best, and in His sovereignty He has the power to bring it about.” **Jerry Bridges**

Psalms 9:10 *And those who know Your name will put their trust in You; For You, LORD, have not forsaken those who seek You.*

8) If we are going to trust God, what must we learn to do?

9) Why do we question or doubt God's sovereignty?

10) What is meant by the phrase, "being a practical Deist"?

11) "God does _____ walk _____ and _____ us to the mercy of
_____ random or _____ events."

"Nothing therefore, happens unless the Omnipotent wills it to happen, He either permits it to happen, or he brings it about Himself." Augustine

12) List five or more clear verses on the Sovereignty of God?

13) How are we to establish all our beliefs?

14) What is the difference in the response to sufferings of a believer versus an unbeliever?

Quote: divine providence is "The unceasing activity of the Creator whereby, in overflowing bounty and good will, He upholds His creatures in ordered existence, guides and governs all events, circumstances, and free acts of angels and men, and directs everything to His appointed goal, for His own glory." **J. I. Packer**

Trusting God: Even When Life Hurts

Lesson #3 "The Sovereignty of God"

- Read Chapter Three and answer the following questions.

Psalms 33:10-11 *"The LORD brings the counsel of the nations to nothing; He makes the plans of the peoples of no effect. 11 The counsel of the LORD stands forever, the plans of His heart to all generations."*

- 1) What is the essence of the Sovereignty of God?

- 2) "It seems we will allow God to be _____ except upon His _____ ruling His universe _____ to His _____ pleasure and His _____ will."

- 3) Why is confidence in the Sovereignty of God so important?

- 4) "He _____ P _____, for reasons known only to _____, people to act _____ to and in defiance of His _____ will. But He _____ permits them to act _____ to His _____ will."

- 5) Why can we take comfort when "someone is out to get us?"

Quote: *"God rules as surely on the earth as He does in Heaven"* **Jerry Bridges**

- 6) "The circumstances surrounding our lives are no _____: they may be the work of _____, but that evil is _____ firmly within the mighty hand of our sovereign God.... All evil is _____ to Him, and evil cannot touch His children unless He _____ it."

- 7) “Nothing is so _____ or trivial as to escape the _____ of God’s sovereign _____; nothing is so _____ as to be _____ His _____ to control it.”
- 8) What makes God’s Sovereignty so wonderful?
- 9) What is one of the reasons why God gave us the book of Esther?
- 10) Why is God’s sovereignty more than just an abstract statement about God?
- 11) What is the over-arching purpose of God for all believers?
- 12) What never happens to God regarding His plans?
- 13) What does trusting in God **not** mean?
- 14) What is our first priority in the time of trials?

James 4:13-15 Come now, you who say, "Today or tomorrow we will go to such and such a city, spend a year there, buy and sell, and make a profit"; **14** whereas you do not know what will happen tomorrow. For

what is your life? It is even a vapor that appears for a little time and then vanishes away. **15** Instead you ought to say, "If the Lord wills, we shall live and do this or that."

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Lesson #4 "The Sovereignty of God Over People"

□ Read chapter Four to sub-heading: "Does God Permit Evil?" and answer the following questions.

Proverbs 21:1 *"The king's heart is in the hand of the LORD, like the rivers of water; He turns it wherever He wishes."*

1) How did God prompt the Egyptians to give to the Israelites in **Exodus 3:21-22 & 12:35-36**?

2) Why do people balk at God's sovereignty in the decisions and actions of people?

3) What is the alternative if God is not sovereign in the decisions and actions of people?

4) What does **Proverbs 21:1** teach us about God's sovereignty and man's choices?

5) What does **Ezra 1:1** teach us about God's sovereignty and the proclamation of King Cyrus?

6) What was the source of Israel's joy in **Ezra 6:22**?

- 7) How did God deal with Daniel's dilemma regarding eating unclean foods in **Daniel 1:8-9**?

- 8) How did God move on King Abimelech in **Genesis 20:6**?

- 9) What is the truth of **Exodus 34:23-24** regarding the sovereignty of God?

- 10) What do we tend to do with clear biblical illustrations of God's sovereign control?

Romans 15:4 For whatever things were written before were written for our learning, that we through the patience and comfort of the Scriptures might have hope.

Quote: “Your promotion or lack of it is in the hands of God” **Jerry Bridges**

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Lesson #5 “The Sovereignty of God Over People #2”

- Read chapter Four from sub-heading: “Does God Permit Evil?” to the end and answer the following questions.

Genesis 50:20 *“But as for you, you meant evil against me; but God meant it for good, in order to bring it about as it is this day, to save many people alive.”*

- 1) “We do not know _____ God _____ the enemies of His people to _____ at one time and _____ them at another. It is enough to _____ that God _____ and _____ restrain the harmful acts of others toward us _____ that is His _____ will.”
- 2) Did the Biblical writers ever have any problems with the sovereignty of God?

Quote: “The Scriptures do not undertake to explain mysteries. They leave them unexplained. There is a difference between difficulties and mysteries: difficulties may be removed; mysteries cannot, without a new revelation, or the bestowment of a higher intellect.” by **Basil Manly**

- 3) “The Scriptures _____ that God does _____ a person’s _____, but in such a way that a person acts _____ and voluntarily.”
- 4) What three truths do we need to remember regarding the sovereignty of God and people’s choices?
- 5) “We must _____ misconstrue God’s sovereignty so as to _____ people mere _____, so we _____ not press man’s _____ to the point of _____ God’s sovereignty.”

6) Why can we trust in the Sovereignty of God when others seem to influence our lives?

7) Why should we not become resentful or bitter when treated wrongly?

8) “But God _____ allows people to _____ decision about us that _____ His _____ for us.”

Quote: “If we need the protection of men, let us first ask it from God. If we prevail with Him, the power of the most mighty and of the most wicked must minister to our relief.” by **Alexander Carson**

9) Why do we struggle with resentment and bitterness when someone else affects our lives?

10) What are the three warnings to wrongly apply the doctrine of the sovereignty of God?

Deuteronomy 29:29 *"The secret things belong to the LORD our God, but those things which are revealed belong to us and to our children forever, that we may do all the words of this law."*

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Lesson #6 “God’s Rule over the Nations”

□ Read Chapter Five and answer the following questions.

2 Chronicles 20:6 *"And said: O LORD God of our fathers, are You not God in heaven, and do You not rule over all the kingdoms of the nations, and in Your hand is there not power and might, so that no one is able to withstand You?"*

1) What does God accomplish in every event, decision and action?

2) What is the correct view of the Sovereignty of God regarding laws and decisions of the government?

Quote: “I fear that Christians in this country have too great a confidence in political institutions... rather than the government of God.” by **Alexander Carson**

3) Of those involved in the life and death of our Lord Jesus, what did each person do?

4) Where is the only place that teaches us about the ruling hand of God in the affairs of people and nations?

5) “We should _____ in those affairs reported in our daily _____ the sovereign _____ of God just as _____ as we see it in the _____.”

6) “God _____ in history from an _____ perspective, whereas _____ tend to _____ the outworking of history from a _____ perspective.”

- 7) In **1 Timothy 2:1-2**, what should our prayers be like regarding our government leaders?
- 8) The _____ that the Kings _____ is in the _____ of the _____ is meant to be a stimulus to _____, not a stimulus to a _____ attitude.
- 9) “How sin and _____ ultimately redound to God’s _____ is a _____, but it is a _____ affirmed throughout _____.”
- 10) What three observations can we learn from the situation of Absalom and Rehoboam?
- 11) What are we to do when foolish decisions run their course to bring disaster?
- 12) In the case of War, where should our trust be?

Thought to Ponder: *"In light of this weeks lesson lets learn from Daniel’s life, to pray and trust in the sovereignty and promises of God in all things."*

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Lesson #7 "God's Power Over Nature"

- Read Chapter Six and answer the following questions.

Jeremiah 14:22 "Are there any among the idols of the nations that can cause rain? Or can the heavens give showers? Are You not He, O LORD our God? Therefore we will wait for You, Since You have made all these."

- 1) In practice what do we tend to do and think in relation to natural disasters?

- 2) God...“has established physical _____ by which He _____ the force of _____, but those laws continually _____ according to His _____ will.”

- 3) What observations do you see in **Job 37:3, 6** and **10-13** regarding God’s control over nature?

- 4) “All expressions of _____, all occurrences of _____, whether it be a devastating _____ or a gentle _____ on a spring day, are _____ of God.”

- 5) Is complaining about the weather sinful? If so why?

- Quote:** “Scripture represents all physical laws as having their effect from the immediate agency of Almighty Power... Christians themselves, though they recognize the doctrine (of divine providence), are prone to overlook it in practice, and consequently to be deprived, in a great measure, of that advantage which a constant and deep impression of this truth is calculated to give.” **Alexander Carson**

- 6) “...Though God sometimes _____ the _____ as _____ of judgment He _____ often _____ it as an expression of His _____ provision of His creation.”

- 7) In reference to natural disasters what do we need to be careful not to do?

8) In **Isaiah 45:7** what role does God play in calamities and disasters?

9) What does **Exodus 4:11** teach us regarding the cause of physical afflictions?

Quote: “No person in this world was ever blind that God had not planned for him to be blind; no person was ever deaf in this world that God had not planned for that person to be deaf... If you do not believe that, you have a strange God who has a universe which had gone out gear and He cannot control it.” **Donald Barnhouse**

10) The ultimate _____ of all pain and suffering must be traced back to the _____. God’s weal and woe are _____ arbitrary or capricious, but His _____ response to man’s _____.”

11) What is the first thing we need to do in order to truly trust God in our tribulations?

Lamentations 3:31-33 For the Lord will not cast off forever. **32** Though He causes grief, Yet He will show compassion according to the multitude of His mercies. **33** For He does not afflict willingly, Nor grieve the children of men.

12) Why can we trust God in the midst of all our pain?

13) “God _____ wastes pain. He always _____ it to accomplish His _____. And His purpose is for His _____ and our _____.”

14) How are we to be trusting God in our pain and heartaches?

Thought to Ponder: "*God does not need our experience to validate the truthfulness of His Word.*"

Habakkuk 3:17-18 Though the fig tree may not blossom, Nor fruit be on the vines; Though the labor of the olive may fail, And the fields yield no food; Though the flock may be cut off from the fold, And there be no herd in the stalls **18** Yet I will rejoice in the LORD, I will joy in the God of my salvation.

8) Why were the Gibeonites able to deceive Israel?

Quote: “Prayer is the acknowledgement of God’s sovereignty and of our dependence upon Him to act on our behalf. Prudence is the acknowledgement of our responsibility to use all legitimate means.” **Jerry Bridges**

9) How does **Psalms 127:1** sum up all our responsibilities?

10) “We _____ depend upon God to do for us what we _____ do for ourselves. We _____, to the same degree, _____ on Him to _____ to do what we must do for ourselves.”

11) “We are absolutely _____ upon God but, at the time, we are _____ to _____ use whatever _____ are _____ for the occasion.”

“The Bible never allows us to use our utter dependence on God as an excuse for indolence.” **Jerry Bridges**

12) What is the difference between our duty and our trust to God?

13) Can we frustrate God’s plans by our disobedience? Why?

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Lesson #9 "The Wisdom of God"

- Read Chapter Eight and answer the following questions.

Romans 11:33 "*Oh, the depth of the riches both of the wisdom and knowledge of God! How unsearchable are His judgments and His ways past finding out!*"

- 1) Ultimately the best end of all actions is what?

Quote: Wisdom is, "As consisting in the selection of the best end of action, and the adoption of the best means for the accomplishment of this end. God is infinitely wise, because He selects the best possible end of action [and] because He adopts the best possible means for the accomplishment of the end which He has in view." **J.L. Dagg**

- 2) When adversity comes, what sometimes is the reason we ask God "Why"?

Quote: But is not the wisdom of God, thus the glory of God more eminently displayed in bringing good out of calamity than out of blessing?" **Jerry Bridges**

- 3) In **Romans 8:28-29**, what is the "Good" of **verse 28**?

- 4) "God _____ exactly what He _____ we become and He _____ exactly what circumstance, both good and _____, are necessary to _____ that _____ in our lives"

- 5) When it comes to disciplining us for our good, "There is _____ agonizing by God, no _____ He has made the _____ decision, no _____ what is really _____ for us. God makes _____ mistakes.""

- 6) What is the purpose of God disciplining His children?

7) How do we learn God's will for our character?

8) "Sometimes _____ we can see some of the beneficial _____ of _____ in our lives, but we _____ can see it _____ the time of adversity."

Quote: "We may not demand of a Sovereign Creator that He explain Himself to His creatures... God has good and sufficient reasons for His actions; we trust His sovereign wisdom and love." **Margaret Clarkson**

9) What is one of the lessons we should learn from the book of Job?

Isaiah 55:8-9 "For My thoughts are not your thoughts, Nor are your ways My ways," says the LORD. 9 For as the heavens are higher than the earth, So are My ways higher than your ways, And My thoughts than your thoughts."

10) Why is simply trusting God and cease asking "Why" to adversity not a cop out?

11) Regarding the events around us... "They are _____ just an assortment of uncontrolled and unrelated _____. Rather, they are all part of God's _____ pattern and _____, which one day be _____ to be both His _____ and the _____ of His church."

12) What four things do we need to learn regarding God's government of His universe?

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Lesson #10 "Knowing God's Love"

- Read Chapter Nine and answer the following questions.

Romans 8:35, 37 "*Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?*

37 *Yet in all these things we are more than conquerors through Him who loved us.*"

- 1) The Scriptures teach, "That God's _____ is just as _____ in times of _____ as it is in times of _____."

Quote: "That '*He cares not*' is just as unthinkable as that '*He can not.*'" **Philip Hughes**

- 2) During times of adversity, what are we tempted to question regarding God?
- 3) What is impossible regarding the nature of God?
- 4) What attribute of God does Satan have a tendency to attack?
- 5) We cannot avoid being tempted, but what can and must we avoid?
- 6) What is the most compelling evidence of God's love?
- 7) No earthly _____ could _____ with the eternal joy of our names _____ in Heaven (**Luke 10:20**). In like manner, no earthly _____ can compare with that awful calamity of God's _____ judgment in hell."

8) Why do we find it difficult to see ourselves as wretched and rebellious sinners?

9) Why does the author stress the sinfulness of man in a chapter on the love of God?

10) What should we do when we are tempted to doubt God's love for us?

11) Why and how are we to reason ourselves through adversity?

12) Why can God's love for us never change?

13) "In **Isaiah 40:10-11**, "God's sovereign _____ and _____ care are _____ for the _____ of His people."

Thought: "Our greatest need is not freedom from adversity."

Psalms 103:11 For as the heavens are high above the earth, So great is His mercy toward those who fear Him.

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Lesson #11 “Experiencing God’s Love”

- Read Chapter Ten and answer the following questions.

Romans 8:38-39 *“For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, 39 nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.”*

- 1) Why do we not seem to sense God’s amazing love?
- 2) What are we to do when trials come to assure us of His love?
- 3) How can we be cut off from God’s assurance?

Isaiah 49:14-15 “But Zion said, “The LORD has forsaken me, And my Lord has forgotten me. 15 Can a woman forget her nursing child, and not have compassion on the son of her womb? Surely they may forget, Yet I will not forget you.”

- 4) What does E.J. Young say about **Isaiah 49:14-15**?
- 5) How did Jeremiah come out of the despair and misery found in **Lamentations 3:1-23**?

Thought: “We must see our circumstances through God’s love instead of, as we are prone to do, seeing God’s love through our circumstances.”

- 6) Where should we see tokens of God’s love?

Quote: “The issue God is dealing with in our lives is not so much what we do, but what we are.”

7) What do we tend to underestimate in our lives?

8) What are we to be careful not to do when adversity comes?

9) When God brings grief into our lives what can we be assured of?

10) What does **Isaiah 43:2** teaches us about God in the midst of our trials?

11) When can we experience some of the most intimate expressions of Christ love for us?

12) “God’s unfailing _____ is for us is an objective fact _____ over and over in the scriptures. It is true whether we _____ it or not. Our doubts do _____ destroy God’s love, nor does _____ faith _____ it. It _____ in the very _____ of God.”

13) How can we ultimately experience God’s love and comfort in our pain?

Isaiah 54:10 “For the mountains shall depart And the hills be removed, But My kindness shall not depart from you, Nor shall My covenant of peace be removed, says the LORD, who has mercy on you.”

Lamentations 3:32-33 Though He causes grief, Yet He will show compassion according to the multitude of His mercies. 33 For He does not afflict willingly, Nor grieve the children of men.

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Lesson #12 "Trusting God for Who You Are"

- Read Chapter Eleven and answer the following questions.

Psalms 139:13,16 " For You formed my inward parts; You covered me in my mother's womb. Your eyes saw my substance, being yet unformed. And in Your book they all were written, the days fashioned for me, when as yet there were none of them."

1) For those who struggle with who they are, what is their greatest need?

2) What does **Psalm 139:13-16** teach us regarding who we are?

Quote: "God so superintends the biological process that He is directly involved in fashioning each one of us into the person He wants us to be."

3) If I have a problem with the way I was made, who is my complaint directed toward?

4) What is the believer's foundation for self-acceptance?

5) Who bears the responsibility for physical disabilities? Support with Scripture.

6) Why is knowing that God determines how long we will live a comforting thought?

1 Corinthians 4:7 *For who makes you differ from another? And what do you have that you did not receive? Now if you did indeed receive it, why do you boast as if you had not received it?*

7) How does God's sovereignty determine our function in the Body of Christ?

8) "Who you _____ is _____ a biological _____. What you are is _____ a circumstantial accident. God _____ both for you."

9) "God is the God of _____ as well as the _____, and He determines the _____ of our lives in the _____ realm as well as in the _____."

10) "Becoming a _____ does not _____ that _____ from our respective _____, but it should give us a new _____ about those jobs."

11) What does it mean if we are bored with life?

12) "God's _____ for us is _____ contingent upon _____ decisions. God's plan is _____ contingent at all. God's plan is _____. It includes our _____ decisions as well as our _____ ones."

13) "What we need to do is _____ to trust Him to _____ us. This does not mean that we put our _____ into _____ and expect God to guide us in some mysterious way _____ from _____ and prayerful thinking on _____ part."

Thought: "To have been thought about, born in God's thoughts and then made by God, is the dearest, grandest, and most precious thing in all thinking." **George MacDonald**

Quote: "There has to be in our lives a delicate balance between godly efforts to improve our situation and godly acceptance of those situations that cannot be changed by us." **Jerry Bridges**

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Lesson #13 "Growing Through Adversity"

- Read Chapter Twelve and answer the following questions to the end of the section on 'Holiness'.

James 1:2-4 "My brethren, count it all joy when you fall into various trials, 3 knowing that the testing of your faith produces patience. 4 But let patience have its perfect work, that you may be perfect and complete, lacking nothing."

1) "We can be _____ that the development of a beautiful Christian _____ will _____ occur in _____ lives without _____."

2) Why does God use difficulties in our lives?

3) When will God remove adversities from our lives?

Romans 5:3-4 "And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; 4 and perseverance, character; and character, hope."

4) Where should our joy be in our adversities?

5) "Fortunately God does _____ ask us _____ or _____ we want to grow. He is the Master Teacher, _____ His pupils when and how _____ deems _____."

6) What are the two means that God provides to help us grow spiritually?

7) What three things are we to do in order to learn from our adversities?

8) How are we to respond when we know or do not know what God is doing in our trials?

9) Why do we learn so much during our tribulations?

10) Why does God have to prune us from time to time?

11) What is the purpose of adversity in **Hebrews 12:10**?

12) “In making us _____, God goes _____ than just _____ sins we may be conscious of. He wants to get at the _____ cause: the corruption of our _____ nature...”

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Lesson #14 “Growing Through Adversity #2”

- Read Chapter Twelve and answer the following questions beginning in the section on ‘Dependence’.

John 15:4-5 "Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me. 5 I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing."

- 1) Why do we have problems with dependence upon God?

- 2) Why did God let Paul’s “thorn in the flesh” remain?

- 3) What does God have to do to make us useful for His glory?

2 Corinthians 1:8-9 “For we do not want you to be ignorant, brethren, of our trouble which came to us in Asia: that we were burdened beyond measure, above strength, so that we despaired even of life. 9 Yes, we had the sentence of death in ourselves, that we should not trust in ourselves but in God who raises the dead,”

- 4) Define “Perseverance.”

Quote: “The Christian is called to pursue with diligence the Will of God.” **Jerry Bridges**

- 5) What lesson can we learn from the life of William Carey’s sister?

6) “Perseverance is developed in the _____ of _____, it is energized by _____.”

Quote: “You may drive a dog sled to the North Pole purely by a self-energized indomitable spirit, but you cannot run the Christian race that way. If you are going to run God’s race, doing God’s will then you must run it with His strength.” **Jerry Bridges**

7) What four things are needed to make us useful in God’s service?

8) What are we to do for others while they are in adversities?

9) What does **Revelation 1:9** teach us about what adversities can do for us?

“The Christian life is not meant to be lived privately in isolation from other believers.” **Jerry Bridges**

10) What is the most valuable result of our adversities?

Philippians 3:10 that I may know Him and the power of His resurrection, and the fellowship of His sufferings, being conformed to His death.

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Lesson #15 "Choosing to Trust God"

- Read Chapter Thirteen and answer the following questions.

Psalms 56:3-4 "Whenever I am afraid, I will trust in You. 4 In God, I will praise His word, In God I have put my trust; I will not fear, what can flesh do to me."

- 1) If there is no question of God's presence with us, what are we to do to sense His presence?
- 2) "...trusting God is _____ of all a _____ of the _____, and is _____ dependent on my _____."
- 3) In order to trust God, what knowledge or truths about God are we to really believe?

Quote: To accept adversity in our lives, "...always it is initiated by an act of the will on our part. We set ourselves to believe in the overruling goodness, providence, and sovereignty of God and refuse to turn aside no matter what may come, no matter how we feel." **Margaret Clarkson**

- 4) Trusting God is an act of what, and how do we do it?

Hebrews 13:5: "Let your conduct be without covetousness; be content with such things as you have. For He Himself has said, "I will never leave you nor forsake you."

- 5) How was John Newton helped during his wife's long illness?

Psalms 42:11 “Why are you cast down, O my soul? And why are you disquieted within me? Hope in God; For I shall yet praise Him, The help of my countenance and my God.”

6) What is our responsibility during times of adversity?

7) “We _____ sometimes _____ the _____ of God’s presence and help _____ we _____ lose them.”

Quote: “He may hide Himself from our sense of His presence, but He never allow our adversities to hide us from Him. He may allow us to pass through the deep waters and the fire, but He will be with us in them.”

Isaiah 43:2

8) “Trust is not a _____ state of mind. It is a _____ act of the soul by which we _____ to lay _____ on the _____ of God and _____ to them _____ the adversity that at times seeks to overwhelm us.”

9) What are the three pitfalls to trusting God we must avoid?

10) What is a mark of a mature Christian?

Quote: “In adversity we tend to **doubt** God’s fatherly care, but in prosperity we tend to **forget** it. If we are to trust God, we must acknowledge our dependence upon Him at all times, good times as well as bad times.”

Jerry Bridges

Quote: “We cannot expect God to prosper anything which intrudes itself into His place, and detracts from His honor... [We must] make God the great object of our trust, even though the usual human instrumentality of help may be at hand.” **P. B. Powers**

1 Peter 5:7 Casting all your care upon Him, for He cares for you.

7) How do we cast our anxieties on the Lord?

Quote: “We are to accept the adversities but not the anxieties. Our tendency is just opposite. We seek to escape from or resist the adversities, but all the while cling to the anxieties that they produce.”

Jerry Bridges

8) How are we to respond to people who are instruments of our adversities?

9) What two truths help us to forgive others that hurt us?

10) How are we to pray during times of adversities?

11) List six responses from this chapter that helps us in trusting God in the midst of our tribulations.

12) How can we grow in our ability to trust God during times of adversities?

Quote: “Trusting God for the grace to accept adversity is as much an act of faith as in trusting Him for deliverance from it.” **Jerry Bridges**