

# "The Pursuit of Holiness"

## *Lesson #1 "Holiness Is for You"*

□ Read the Forward, Preface and Chapter One and answer the following questions.

**Romans 6:14** *For sin shall not have dominion over you, for you are not under law but under grace.*

- 1) What is the Key word in the book?
  
- 2) Explain what happens when you divorce holiness from intellect.
  
- 3) Pursuit of Holiness is a \_\_\_\_\_ venture between \_\_\_\_\_ and the \_\_\_\_\_.
  
- 4) List two reasons the author gives for why we do not pursue holiness.
  
- 5) What does the word "*pursue*" mean Biblically?
  
- 6) Holiness is a \_\_\_\_\_, something we \_\_\_\_\_ completely attain in this \_\_\_\_\_.
  
- 7) What OT verse commands us to be holy? Write it out.
  
- 8) List the danger we fall into when we take on the Pharisee's view of holiness.
  
- 9) What does it mean to be morally blameless?

10) To live a holy life, then, is to \_\_\_\_\_ a life in \_\_\_\_\_ to the \_\_\_\_\_ precepts of the \_\_\_\_\_ and in contrast to the \_\_\_\_\_ ways of the \_\_\_\_\_.

11) List three reasons why so many Christians feel defeated in their pursuit of holiness.

**Quote:** *"We never see sin aright until we see it as against God,"* **W.S. Plumer**

12) God wants us to walk in \_\_\_\_\_, not \_\_\_\_\_!

13) What is the false understanding of "living by Faith"?

**Quote:** *"It is not the importance of the thing, but the majesty of the Lawgiver, that is to be the standard of obedience,"* **Andrew Bonar**

14) Where does true Biblical holiness begin?

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## *Lesson #2 "The Holiness of God"*

Read Chapter Two and answer the following questions.

**1 Peter 1:15-16** *But as He who called you is holy, you also be holy in all your conduct, 16 because it is written, "Be holy, for I am holy."*

1) What is every Christian in the world called to?

2) What is our call to holiness based upon? Support with Scripture.

**Quote:** *“Holiness is nothing less than conformity to the character of God.”* Jerry Bridges

3) What two reasons hinders us from following through with doing what’s right?

4) How is God different from us in question #3?

5) The Holiness of God also \_\_\_\_\_ His perfect \_\_\_\_\_ to His own divine \_\_\_\_\_.

6) What does the statement in question #5 mean?

**Quote:** *“Holiness comes when we act consistently with our Christian character.”* Jerry Bridges

7) Why should the Holiness of God be a great source of comfort and assurance?

8) How do we practically deny God’s Holiness?

9) Why does God demand perfect holiness? Support with Scripture.

10) What can we do to develop more hatred towards sin?

11) What do we often fail to do with this statement, *“God hates the sin but loves the sinner”*?

*“It is His holiness more than any other attribute that makes Him worthy of our praise.”* Jerry Bridges

12) God \_\_\_\_\_ cease to \_\_\_\_\_ our sin!

13) Our hatred of sin should take on what form?

14) How can we develop strong deterrent against trifling with sin?

15) Why would God judge the sins of Christians more than unbelievers? (List as many as you can)

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## *Lesson #3 “Holiness Is Not an Option”*

□ Read Chapter Three and answer the following questions.

**Hebrews 12:14** *Pursue peace with all people, and holiness, without which no one will see the Lord:*

16) What is the meaning of Christ’s Active and Passive obedience?

17) List the two aspects of holiness that is mention in the Scripture.

18) What does **Hebrews 12:14** teach us regarding holiness?

*“When the Holy Spirit comes into our lives at our salvation, He comes to make us holy...”* Jerry Bridges

19) What are we to do when we do not sense a yearning to be holy?

**Quote:** *“True salvation brings with it a desire to be made holy”* Jerry Bridges

20) What does **Ephesians 1:4** teach us about the purpose of salvation?

21) The Holy Spirit who \_\_\_\_\_ within us saving \_\_\_\_\_ also creates within us the \_\_\_\_\_ for \_\_\_\_\_.

22) If we have experienced God’s grace, what two things are we to experience?

23) In **Psalms 66:18** what does it mean to “regard wickedness” in our hearts?

24) What is the goal of God’s chastening hand in our lives from **Hebrews 12:3-11**?

25) The One who makes our service \_\_\_\_\_ and who \_\_\_\_\_ us for service is the \_\_\_\_\_.

26) How do we grieve the Holy Spirit?

27) If we do not know anything about holiness, it is a sure sign of what?

28) What do the following verses teach regarding holiness:

**1 Thessalonians 4:7**

**Ephesians 4:1**

**Titus 2:11-12**

**Romans 8:13-14**

**2 Timothy 2:21**

**1 John 1:3-6**

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## *Lesson #4 "Holiness of Christ"*

□ Read Chapter Four and answer the following questions.

**2 Corinthians 5:21** *For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him.*

29) What happens to us as we study more fully the subject of personal holiness?

30) What is the natural response when a person sees the blackness of their hearts?

31) In regards to the life of Jesus Christ, what is the universal teaching of the Bible?

32) Look up the following verses and comment on what stands out regarding the holiness of Christ:

**Isaiah 53:11**

**John 8:29**

**2 Corinthians 5:21**

**Hebrews 1:9**

**Hebrews 4:15**

**1 Peter 2:22**

**1 John 3:5**

**Thought to Ponder:** *“Are we striving to please God in all areas of our lives?”*

33) What was the significance of Jesus’ question in **John 8:46**?

34) What are the two aspects of the Holiness of Jesus Christ?

35) Holiness must not only include His \_\_\_\_\_, but also His \_\_\_\_\_ and \_\_\_\_\_.

36) How can a right action still be wrong or sinful in the end?

37) Why should we constantly keep before us our acceptance before God through the merit of Christ?

38) God's \_\_\_\_\_ purity serves to \_\_\_\_\_ our \_\_\_\_\_.

39) What do the following verses teach us about the holiness of Christ: **1 Peter 2:21, Ephesians 5:1** and **1 Corinthians 11:1**?

**Quote** “*Holiness... consists in thinking as God thinks, and desiring as God desires*” John Brown

40) What is not true Biblical holiness?

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## *Lesson #5 "A Change of Kingdoms"*

□ Read Chapter Five and answer the following questions.

**Romans 6:6-7** *knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin. 7 For he who has died has been freed from sin.*

41) Though many Christians do not live in gross sin, they still have settled for what?

42) What do we usually fail to do in our pursuit of Holiness?

43) What does Satan try to do to confuse us in our understanding of holiness?

44) In **Romans 6:12**, what is our responsibility?

45) The experience of holiness is not a \_\_\_\_\_ we \_\_\_\_\_ like justification but something which we are clearly \_\_\_\_\_ to \_\_\_\_\_ at.

46) How can we come to understand and obey **Romans 6:12**?

47) Our dying to sin is a result of what?

48) If we are united to Christ, “then our \_\_\_\_\_ to sin is a \_\_\_\_\_ whether we \_\_\_\_\_ it or not.”

49) What determines our daily experience with regards to sin?

50) Before our salvation in Christ, what kingdom did we belong to? Support with Scripture.

51) What does our “Union with Christ” have to do with our attachment to Satan’s kingdom?

52) Regardless of how \_\_\_\_\_ and \_\_\_\_\_ we were, we \_\_\_\_\_ in the \_\_\_\_\_ of sin.

53) What has our union with Christ delivered us from?

54) Why did we sin and have sinful habits and desires before we were saved?

**Thought:** Because of our new life in Christ, we need to discipline (train) our lives toward holiness.

55) “We still live in a world populated by \_\_\_\_\_ of sin. The conventional \_\_\_\_\_ around us \_\_\_\_\_ this slavery, and the world tries to \_\_\_\_\_ us to its own \_\_\_\_\_ mold.”

56) Why do we sin as Christians?

57) What do the “*Potential*” and “*Responsibility*” for resisting mean?

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## *Lesson #6 “Battle for Holiness”*

□ Read Chapter Six and answer the following questions.

**Romans 7:21** *I find then a law, that, when I would do good, evil is present with me.*

58) How are we delivered from the dominion of sin?

59) How can a Christian become better equipped to abhor and fight against indwelling sin?

60) What is the difference between a true believer and unbeliever regarding holiness?

- 61) Though sin has been \_\_\_\_\_ and \_\_\_\_\_, its \_\_\_\_\_ has not change.
- 62) Where is the seat of indwelling sin?
- 63) What is meant by the fact that the heart is deceitful? What its cure?
- 64) What two traps are we liable to fall into when we search our hearts for sin?
- 65) Indwelling sin works mostly through what?
- 66) What is the cause of us yielding to sin?
- 67) Based on **James 1:14**, what is the real reason for us yielding to sin?
- 68) Indwelling sin tends to \_\_\_\_\_ our \_\_\_\_\_ or \_\_\_\_\_.
- 69) How do we keep indwelling sin from controlling us?
- 70) How can we abuse Grace?

71) How can we best deal with our warfare with indwelling sin?

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## *Lesson #7 "Help in the Daily Battle" and "Obedience Not Victory"*

□ Read Chapter Seven & Eight and answer the following questions.

72) We must \_\_\_\_\_ the fact that God in His infinite \_\_\_\_\_ has seen fit to \_\_\_\_\_ this \_\_\_\_\_ battle with \_\_\_\_\_ sin.

73) List the two things that enable us to be alive unto God in our pursuit for holiness.

74) What is Biblical holiness?

75) What is the truth of **1 Thessalonians 4:7-8**?

76) Name one of Satan's most useful weapons against believers in the area of holiness.

77) What are we doing to ourselves when we do not obey the will of God? Support with Scripture.

78) What should our prayers be based upon **Psalms 51:2,7**?

79) What is the purpose of the Holy Spirit revealing our sins to us?

80) Why is only those who strongly desire holiness persevere in it?

81) How do we express our dependence upon the Holy Spirit for a holy life?

“To live by the Spirit is to live both in *obedience* to and *dependence* on the Holy Spirit” Jerry Bridges

82) Regarding holiness, what three things does the Holy Spirit do to help us?

83) List some verses that reveals our duty to pursue a holy life?

84) God makes \_\_\_\_\_ for our holiness but He gives us the \_\_\_\_\_ of \_\_\_\_\_ those provisions.

85) What is our reliance upon the Holy Spirit intended to do and not to do?

86) What are we unconsciously doing when we say we are defeated by some sin?

“We should use obedience and disobedience instead of victory or defeat regarding holiness” Jerry Bridges

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## *Lesson #8 "Putting Sin to Death"*

□ Read Chapter Nine and answer the following questions.

**Colossians 3:5** *Therefore put to death your members which are on the earth: fornication, uncleanness, passion, evil desire, and covetousness, which is idolatry.*

87) What is the meaning of “put to death” or “to mortify” sin?

88) John Owen said, “The Spirit alone is \_\_\_\_\_ for this work. All ways and means \_\_\_\_\_ Him is \_\_\_\_\_. He is the one who gives \_\_\_\_\_ and \_\_\_\_\_ to our efforts.

89) To live a holy life what convictions do we need and how are they developed?

90) Gods Word must be so strongly \_\_\_\_\_ in our minds that it becomes the \_\_\_\_\_ influence in our \_\_\_\_\_, our \_\_\_\_\_, and our actions.

91) What is the goal of memorizing Scripture?

92) What are the four questions we should ask ourselves whether something is right or wrong?

93) How can an activity be not evil in itself and yet be wrong?

94) What three principles should guide us with those who differ in their convictions regarding God's will?

95) Whenever we go \_\_\_\_\_ our convictions we are \_\_\_\_\_, even though \_\_\_\_\_ may have perfect \_\_\_\_\_ in those areas.

96) Why is commitment so important in our pursuit of holiness?

**Quote:** "The Purpose of the Book of 1 John is to *"make it our aim **NOT** to sin"*. Jerry Bridges

97) Every time we say yes to \_\_\_\_\_, we make it \_\_\_\_\_ to say \_\_\_\_\_ the next time.

98) What was Jonathan Edwards' resolution?

99) What does it require for us to break old sinful habits and desires?

**John Owen**, “*Mortification from a self-strength, carried on by ways of self-invention unto the end of self-righteousness is the soul and substance of all false religion.*”

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## *Lesson #9 "The Place of Personal Discipline"*

□ Read Chapter Ten and answer the following questions.

**1 Timothy 4:7** *But reject profane and old wives' fables, and exercise yourself toward godliness.*

100) What did Jay Adams mean when saying, “tried to obtain instant godliness”?

101) In **1 Timothy 4:7** and **1 Corinthians 9:24-27**, what is our duty regarding personal holiness?

102) What is the meaning of “discipline”?

103) Where do we begin to discipline our lives?

104) It is by \_\_\_\_\_, prayerful and \_\_\_\_\_ obedience to the requirements of the Scriptures that godly \_\_\_\_\_ are developed and come to be a \_\_\_\_\_ of us.

105) As the Holy Spirit applies His word, to us and strengthens us for our part in them, what is our duty?

106) Why must we discipline ourselves to read the Word of God?

107) What does reading, studying, memorizing, and meditating on the Bible do for us?

108) Why do we need to discipline ourselves to applying the Scriptures?

109) Why do we need to be specific in our obedience?

**Quote:** “We will never put to death (mortify) any sinful act or attitude without a definite structured plan in doing it. That plan is called discipline.” Jerry Bridges

110) Why does the unregenerate stumble into sin and gives up?

111) Why do so many Christian wants to by-pass **Romans 7** to get to **Romans 8**?

112) How does the Holy Spirit draw us more and more into holiness?

**Jonathan Edwards**, Resolution #57 “*Never to give over, nor in the least to slacken, my fight with my corruptions, however unsuccessful I may be.*”

Modern English of the above resolution, “*Never to give up or ease up in any way my fight with indwelling sin, no matter how unsuccessful I may be.*”

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## *Lesson #10 “Holiness in Body and Spirit”*

□ Read Chapter Eleven and Twelve and answer the following questions.

**1 Corinthians 9:27** *But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified.*

- 113) How can natural desires that are not sinful in themselves become sinful and wrong?
- 114) How can we become anemic spiritually?
- 115) How are we like the world regarding our bodies?
- 116) Why does lack of control in appetites make it difficult to mortify other sinful deeds of our lives?

- 117) How does materialism or covetousness war against our souls?
- 118) How does physical softness lead to spiritual softness?
- 119) Where do we start to control the cravings of our sinful desires or indwelling sin?
- 120) “We are to \_\_\_\_\_ temptation and take positive \_\_\_\_\_ to \_\_\_\_\_ it,  
and we are to avoid \_\_\_\_\_ how to \_\_\_\_\_ our sinful desires.”

### ***“Holiness in Spirit”***

**2 Corinthians 7:1** *Therefore, having these promises, beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.*

- 121) “Jesus taught that God’s commandments are \_\_\_\_\_ not only to regulate  
\_\_\_\_\_ conduct, but our \_\_\_\_\_ dispositions as well.”
- 122) Regarding our thought life, what does the world try to do? Support with Scripture.
- 123) Why do some Christians experience bitterness?
- 124) In **1 Peter 2:23**, when our Lord Jesus was abused and insulted how did He respond?

125) Why do some Christians experience a critical and judgmental spirit?

126) Make a list of as many sins of the spirit as you can?

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## *Lesson #11 "Holiness in Our Wills"*

□ Read Chapter Thirteen and Fourteen and answer the following questions.

**Philippians 2:13** *for it is God who works in you both to will and to do for His good pleasure.*

127) What ultimately determines our moral character?

128) What happened to our faculties in the fall in **Genesis 3**?

129) In God's original creation of man, how did man's faculties work in perfect harmony together?

130) What happened to our faculties when sin came into the soul?

131) Why and How do we need to guard what enters in our minds and what influences our emotions?

132) God most often appeals to our \_\_\_\_\_ through our \_\_\_\_\_; sin and Satan usually appeal to us through our \_\_\_\_\_.

133) How do we diligently watch over our desires?

134) From an offensive position how do we guard our desires?

### ***“Habits of Holiness”***

**Romans 6:19** *I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves of uncleanness, and of lawlessness leading to more lawlessness, so now present your members as slaves of righteousness for holiness.*

135) “Every \_\_\_\_\_ we commit \_\_\_\_\_ the habit of sinning and makes it \_\_\_\_\_ to sin.”

136) “Habits are the \_\_\_\_\_ and \_\_\_\_\_ patterns \_\_\_\_\_ on our minds.”

137) What does **Romans 6:19** teach us about our duty?

138) List the four practical principles that will help us in training for holiness.

139) What happens when we continually give in to sinful desires?

**Quote:** "Battle for holiness must be fought on two fronts, without and within." Jerry Bridges

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## *Lesson #12 "Holiness and Faith"*

□ Read Chapter Fifteen, Sixteen and Seventeen and answer the following questions.

140) What is the difference between holiness in a narrow sense verses a broader sense?

141) No one can \_\_\_\_\_ holiness who is not \_\_\_\_\_ to \_\_\_\_\_ God  
in \_\_\_\_\_ area of their life.

142) Obedience to the \_\_\_\_\_ will of God is often just as \_\_\_\_\_ a step of  
faith as \_\_\_\_\_ a \_\_\_\_\_ from God.

143) Why can't a person become holy without a life of Faith?

144) Faith \_\_\_\_\_ us to \_\_\_\_\_ when obedience is \_\_\_\_\_ or  
seems unreasonable to the \_\_\_\_\_ mind.

145) What must we do in order to persevere in the life of obedience?

146) Why didn't Jeroboam obey God's word?

### ***Chapter 16 "Holiness in an Unholy World"***

147) What must a Christian do to maintain their walk in holiness?

148) **John 17:15** teaches us what, regarding our role in the world?

149) How can we resist the world and its influence?

150) How do we reinforce our convictions to live holy for Christ?

151) How can we best keep away from the defilement of the world?

152) "We must be \_\_\_\_\_ not only with our \_\_\_\_\_ purity of mind and heart, but \_\_\_\_\_ for the eternal \_\_\_\_\_ of those who would \_\_\_\_\_ us."

## *Chapter 17 “The Joy of Holiness”*

- 153) Only those who \_\_\_\_\_ in \_\_\_\_\_ experience true \_\_\_\_\_.
- 154) List 3 reasons why holiness produces true joy.
- 155) What should our motives be in forsaking sin?
- 156) List many things the Lord has provided for our walk in holiness.