



8) From an offensive position how do we guard our desires?

### ***“Habits of Holiness”***

**Romans 6:19** *I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves of uncleanness, and of lawlessness leading to more lawlessness, so now present your members as slaves of righteousness for holiness.*

- 1) “Every \_\_\_\_\_ we commit \_\_\_\_\_ the habit of sinning and makes it \_\_\_\_\_ to sin.”
- 2) “Habits are the \_\_\_\_\_ and \_\_\_\_\_ patterns \_\_\_\_\_ on our minds.”
- 3) What does **Romans 6:19** teach us about our duty?
- 4) List the four practical principles that will help us in training for holiness.
- 5) What happens when we continually give in to sinful desires?

**Quote:** “Battle for holiness must be fought on two fronts, without and within.” Jerry Bridges