

# "The Pursuit of Holiness"

## *Lesson #9 "The Place of Personal Discipline"*

□ Read Chapter Ten and answer the following questions.

**1 Timothy 4:7** *But reject profane and old wives' fables, and exercise yourself toward godliness.*

- 1) What did Jay Adams mean when saying, "tried to obtain instant godliness"?
  
- 2) In **1 Timothy 4:7** and **1 Corinthians 9:24-27**, what is our duty regarding personal holiness?
  
- 3) What is the meaning of "discipline"?
  
- 4) Where do we begin to discipline our lives?
  
- 5) It is by \_\_\_\_\_, prayerful and \_\_\_\_\_ obedience to the requirements of the Scriptures that godly \_\_\_\_\_ are developed and come to be a \_\_\_\_\_ of us.
  
- 6) As the Holy Spirit applies His word, to us and strengthens us for our part in them, what is our duty?
  
- 7) Why must we discipline ourselves to read the Word of God?
  
- 8) What does reading, studying, memorizing, and meditating on the Bible do for us?

9) Why do we need to discipline ourselves to applying the Scriptures?

10) Why do we need to be specific in our obedience?

**Quote:** “We will never put to death (mortify) any sinful act or attitude without a definite structured plan in doing it. That plan is called discipline.” Jerry Bridges

11) Why does the unregenerate stumble into sin and gives up?

12) Why do so many Christian wants to by-pass **Romans 7** to get to **Romans 8**?

13) How does the Holy Spirit draw us more and more into holiness?

**Jonathan Edwards**, Resolution #57 “*Never to give over, nor in the least to slacken, my fight with my corruptions, however unsuccessful I may be.*”

Modern English of the above resolution, “*Never to give up or ease up in any way my fight with indwelling sin, no matter how unsuccessful I may be.*”