

- 8) What is the first mark of a true Christian listed by the author?
- 9) “Becoming a Christian is a _____ operation of _____ upon the spirit of the person, not _____ a matter of outward reformation, nor merely a _____ over of a new leaf and endeavoring to _____ a new life, nor a matter of _____ or religion.”
- 10) According to Sinclair Ferguson what does regeneration do to a person?
- 11) What are the three ways “righteous living” is expressed?
- 12) What is the second mark of a true believer listed in the book?
- 13) What does it mean we are sinners by nature?
- 14) Which two verses stood out as most significant to you regarding our sinful nature and why?

Quote: “Education and religion cannot change man’s sinful nature. They can only refine it.”

Quote: a Christian “is concerned not only about sinful actions but sinful attitudes, not only about sinful deeds but sinful thoughts.”

- 7) How can God punish sin and then reverse the sentence for the sinner?
- 8) “The Bible _____ that Christian have _____ of their _____ and _____ on the Lord Jesus Christ.”
- 9) What are the two elements of biblical repentance?
- 10) What must be our motive for our repentance to be genuine?
- 11) “True Christians have _____ of their sin. They _____ their sin, and they are _____ forsaking it because it is _____ to God.”
- 12) What is the main element of saving faith?
- 13) To be saved what are some of the things every sinner must cease from trusting in?
- 14) What are the four factors of what it truly means to be a Christian?

Quote: “True repentance involves forsaking sin, not just a change of attitude toward sin, but also a change of action.”

God's Solutions to Life's Problems

Lesson #4 “Where to Find God’s Solutions”

□ Read Chapter Three and answer the following questions from pages 83-98.

2 Timothy 3:16-17 "All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, **17** that the man of God may be complete, thoroughly equipped for every good work.”

- 1) What do many Christians fail to realize about their Bibles?

- 2) Why are many Christians overwhelmed by their problems?

- 3) What does **2 Timothy 3:5** teaches us about professors of Christianity?

- 4) “Don’t become _____! God has _____ everything you _____ in order to achieve victory _____ temptation and live a _____ life in an ungodly _____!”

- 5) Why is the Bible of greater value than any other book?

- 6) What is the meaning of “inspiration” in **2 Timothy 3:16**?

- 7) B.B. Warfield said by using the word ‘inspiration’ God could not have chosen a better word to say what?

- 8) Why do people not appreciate the Word of God?
- 9) What has Satan done from the beginning with reference to God's Word?
- 10) What does **1 Corinthians 3:18-19** teach us about the wisdom of God versus the world's wisdom?
- 11) What is Satan's subtle attack on the Word of God?
- 12) What does the world think of the Word of God?
- 13) Why is the Word of God not just another book from ancient times?
- 14) List the three ways a Pastor can fail His people in the church?
- 15) What two ways does Satan spread lies about the Word of God?
- 16) What is Satan's goal with reference to the Word of God?

- 8) Why do people not appreciate the Word of God?
- 9) What has Satan done from the beginning with reference to God's Word?
- 10) What does **1 Corinthians 3:18-19** teach us about the wisdom of God versus the world's wisdom?
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- 13) Why is the Word of God not just another book from ancient times?
- 14) List the three ways a Pastor can fail His people in the church?
- 15) What two ways does Satan spread lies about the Word of God?
- 16) What is Satan's goal with reference to the Word of God?

- 8) At the time of salvation what new spiritual resources have we been given to solve life's problems?
- 9) What is the broader meaning of salvation?
- 10) God "wants to transform and _____ us on the _____ as well as the outside. He wants to _____ our _____ condition as well as our _____ position before Him; our _____ was well as our position, our _____ as well as our standing."
- 11) God's great salvation includes what two things?
- 12) From God's perspective, what does salvation include?
- 13) What does salvation in the fullest sense mean?
- 14) What is the most beneficial thing that could happen to anyone?
- 15) How can we really change and be different?

- 7) "... every time the Word _____ our sinful errors, it gives us a _____ directive that tells us how to _____ our problems. For every negative there is a positive. The _____ was given not only to tell us _____ our problems are and _____ we have them, it was given to tell us what to _____ about our problems and _____ to make them right."
- 8) Why can we have confidence in the Word of God in any situation we may face in life?
- 9) What is the fifth description of the profitability of Scripture?
- 10) Why do people still fail though they read, know and agree they need to change?
- 11) "God's truth, real _____ is possible for any Christian. We can _____ any sinful pattern of life with a righteous one. We can be _____ in righteousness. Righteousness means doing it _____, and doing it right is doing it _____ way, the _____ way."
- 12) What is the purpose of training?
- 13) True or False: to change sinful patterns to holy ones is all by training, diligence, consistency, practice and perseverance?
- 14) What is the greatest satisfaction any Christian could experience?

Quote: “You don’t usually change longstanding, habitual patterns of thinking, living, behaving, acting, reacting, or feeling in a day or two days or three days or even four days. It will usually require continuous effort and struggle for a period of time.”

God's Solutions to Life's Problems

Lesson #8 “How to Overcome Giants”

□ Read Chapter Seven and answer the following questions from pages 155-174.

Psalm 50:15 "Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me."

- 1) “Too often, we look at _____ from exactly the same vantage point as the _____, thinking only in terms of what we can _____ rather than on the basis of who _____ is. We _____ victory over life’s problems _____ on mankind’s wisdom or strength instead of on _____.”
- 2) Where do we usually turn to during tough times?
- 3) Are we capable of overcoming our problems on our own? Why or why not?
- 4) What happens when we ignore the sovereignty of God in the midst of our problems?
- 5) What makes the sovereignty of God precious?
- 6) What do we need to continually remind ourselves of?

- 7) What is a sure mark of spiritual pride?
- 8) What would make prayer pointless?
- 9) “These _____ may be very familiar to you, but do they make any _____ on the way you live? If you are going to _____ life’s problems, you _____ to _____ on God and demonstrate that dependence through _____.”
- 10) Why is prayer a privilege?
- 11) What are we failing to do when we worry?
- 12) Why did Paul pray so much?
- 13) What is meant by the term “practical atheists”?
- 14) What did the people do wrong in **James 4:13-16**?
- 15) “It’s not wrong for you to work _____ at changing and overcoming your problems. But mark this; it is _____ if you are attempting to do so without an attitude of _____ dependence on

_____. You will be continually _____ in your attempts to _____ your problems if you are not _____ completely and totally on _____ alone.”

Quote: “You will never be able to solve life’s problems God’s way until you stop placing your confidence in people to do what only God can do and start depending on Him through prayer.”

God's Solutions to Life's Problems

Lesson #9 “First of All Pray”

□ Read Chapter Eight and answer the following questions from pages 175-200.

1 Timothy 2:1 “Therefore I exhort first of all that supplications, prayers, intercessions, and giving of thanks be made for all men,”

- 1) Why is Paul’s advice in **1 Timothy 2:1** so surprising?

- 2) “Paul gave a _____ of instructions about _____ to prevent and _____ problems, but he _____ Timothy to know that _____ is more _____ than, or even as important as, _____.”

- 3) What should we pray about according to **Philippians 4:6**?

- 4) What are some of the suggestions we are to pray about from the book of **Philippians**?

- 5) What does it mean to live a life of integrity?

- 6) Why do we need to overcome our selfishness and self-centeredness?
- 7) Why do we need to pray to ‘stand firm in the Lord’?
- 8) “Paul knew what we will _____ and what our personal _____ and inadequacies are, he _____ told us that there is _____ an _____, circumstance, or _____ about which we should _____ or be anxious.”
- 9) Prayer should be what in the life of a Christian?
- 10) What is the biblical meaning of ‘prayer’ in **Philippians 4:6**?
- 11) What does it mean to “pray worshipfully?”
- 12) What is the biblical meaning of ‘supplication’ in **Philippians 4:6**?
- 13) According to **Philippians 4:6** why should we pray?

- 5) Why is the world not neutral toward the truth?

- 6) What is Satan's great goal regarding people?

- 7) How does Satan accomplish his goal?

- 8) How could people have avoided ruining their lives?

- 9) What are we doing when we do not place a high priority on listening to God's Word?

- 10) List the reasons why we do not want to hear the Word of God.

- 11) What does John Calvin warn believers to avoid when reading or hearing the Word of God?

- 12) Why did Israel get defeated by the Amorites in **Deuteronomy 1:43-45**?

- 13) "Don't say you want to _____ God if you are continually _____ and rejecting the very means He has _____ you to come to _____ Him better Don't _____ you want to become strong unless you are _____ to use the _____ He has given for producing _____."

14) How are we to listen to the Word of God?

15) Why is the end of the sermon really just the beginning?

Quote: “Psychological insights and funny stories won’t feed God’s people the truth they need to be strong. Pastors who exchange God’s Word for manmade ideas should be ashamed of all the harm they are bringing on God’s people.”

God's Solutions to Life's Problems

Lesson #11 “Whatever Happened to the Holy Spirit”

□ Read Chapter Ten and answer the following questions from pages 221-240.

Galatians 5:16-17 “I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. 17 For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish.”

1) Why did Paul ask the question in **Acts 19:2**?

2) List the four things John MacArthur calls our attention to about the Holy Spirit?

3) “To solve life’s problems God’s _____, we must not _____ or misunderstand the _____ of the Holy Spirit. You simply cannot really _____, implement, or _____ from God’s solutions _____ from His ministry.”

4) What does the indwelling of the Holy Spirit enable us to do?

- 5) According to the Bible, what hinders us from living our new life in Christ?

- 6) What must be done regarding the 'holdovers' from our past life to avoid sin?

- 7) According to John Owen, what does remaining sin continue to do in the life of the believer?

- 8) How do we win the battle over sin in our lives according to **Galatians 5:16**?

- 9) Why can we with certainty win this battle over sin?

- 10) What does John Owen say is our only hope to win the battle over sin?

- 11) Why does Philip Brooks believe we are our own worst enemy?

- 12) Success or failure over sin within depends on what?

- 13) What are the three Greek moods of 'walk' in **Galatians 5:16** and their significance?

14) “Walking in the Spirit means that we _____ His thoughts and perspectives to _____ our thoughts. It means that we _____ our _____ with His Word so that His _____ become our thoughts, His _____ become our standards, His _____ becomes our work, His _____ becomes our will, His _____ become our desires.”

Quote: “Walking in the Spirit means that you will take all His commands found in His Word seriously because they express His desires, and it means that you will rely on Him to give you the strength to do it and move out in obedience to actually do it.”

Quote: “Among other things, walking implies progress, going from where one is to where he ought to be. As a believer submits to the Spirit’s control, he moves forward in his spiritual life. Step by step the Spirit moves him from where he is toward where God wants him to be.” **John MacArthur**

God's Solutions to Life's Problems

Lesson #12 “What’s the Diagnosis?”

□ Read Chapter Eleven and answer the following questions from pages 241-261.

1 Corinthians 10:13 “No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.”

1) How have Christians become confused and distracted in solving their problems?

2) What happens when a doctor makes an inaccurate diagnosis?

3) What does everyone blame their problems on?

4) What has had a terrible impact on the church?

- 5) Why can we rejoice by coming to realize we are responsible for our sin choices?

- 6) How can we make God a liar?

- 7) What does God produce in our lives by using difficult circumstances?

- 8) Why do people use pills to solve so many of their problems?

- 9) “Many of those who _____ on prescription medicines as their _____ method of treating _____ that the Bible _____ sin are doing so on the _____ of an evolutionary, _____ understanding of _____.”

- 10) What are the implications if we consist of only body and no soul?

- 11) Why do we sin?

- 12) When is it okay to label something a disease?

13) “You will _____ be able to _____ life’s problems God’s _____ until you _____
His diagnosis.”

14) What happens when we don’t understand sin?

15) How do we solve life’s problems God’s way?

Quote: “From God’s perspective, the difficult circumstances we experience provide the context in which we discover what is going on inside us. The bad stuff comes out because there is bad stuff already in our hearts, because selfish motives and desires are already inside us.”

God's Solutions to Life's Problems

Lesson #13 “How to Keep Going”

□ Read Chapter Twelve and answer the following questions from pages 263-295.

Titus 2:11-14 “For the grace of God that brings salvation has appeared to all men, **12** teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly in the present age, **13** looking for the blessed hope and glorious appearing of our great God and Savior Jesus Christ, **14** who gave Himself for us, that He might redeem us from every lawless deed and purify for Himself His own special people, zealous for good works.”

1) If solutions are available to all Christians why do so many still struggles with life’s problems?

2) What kind of motivation must we have to solve life’s problems?

3) What provides us the power and motivation to obey the Word of God?

14) "... the Bible clearly _____ that _____ to Him _____ to be a powerful motivating _____ for _____ living."

15) What does being Christ possession mean to the Christian?

16) What is the only motivating factor powerful enough to help us to press on in holy living?

Quote: "Christ's work on the cross should motivate you to live for Him in the present. If believers are going to solve life's problems God's way, they must understand the gospel and be motivated by it."

Quote: "The way you view your condition before salvation makes a big difference in the way you view the worth of your salvation."

God's Solutions to Life's Problems

Lesson #14 "Making Changes that Stick"

□ Read Chapter Thirteen and answer the following questions from pages 297-321.

1 Timothy 4:7-8 "But reject profane and old wives' fables, and exercise yourself toward godliness. **8** For bodily exercise profits a little, but godliness is profitable for all things, having promise of the life that now is and of that which is to come."

1) What would the author say to us if he could personally sit with each of us?

2) Why was the author so confident that we can change though he knows nothing about us?

3) List the four reasons why Christians can change?

- 4) “The _____ of God has come not only to save us from the _____ of sin, but also to save us from the _____ of sin.”
- 5) What did Machen say was a mark of a professing Christian?
- 6) What must happen for true change to stick?
- 7) Why are unbelievers unable to deal with their sins?
- 8) What are some of the changes that happen when a person is truly converted?
- 9) How does the Holy Spirit work in the life of a true believer?
- 10) What must happen for real godly change that honors and glorifies God?
- 11) What do we need to be committed too, to make changes that remain?
- 12) To be godly what must we do according to **1 Timothy 4:7**?
- 13) Why do so many believers not grow in godliness?
- 14) What does the word ‘discipline’ (exercise) in **1 Timothy 4:7** mean in the present tense in the Greek?

15) You must _____ yourself to implementing _____ principles into the _____ of your life. You've got to stop just _____ to Scripture; you've got to start _____ it!"

16) What is the meaning of "ungodliness?"

17) How can we make the gospel beautiful or ugly to unbelievers?

Quote: "You can't be a spiritual couch potato and expect to effectively run the marathon of the Christian life for God's glory."

Quote: "Christianity is not the gentle, easygoing thing that it is sometimes mistaken for... It involves heroic self-denial; it means the uncompromising relinquishment of sin." J. Gresham Machen

God's Solutions to Life's Problems

Lesson #15 "How to Say No to Temptation"

□ Read Chapter Fourteen and answer the following questions from pages 323-349.

James 1:13-16 "Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone. **14** But each one is tempted when he is drawn away by his own desires and enticed. **15** Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death. **16** Do not be deceived, my beloved brethren."

1) List four reasons why people do not resist temptations?

2) What does it mean to be 'spiritually lazy' regarding temptations?

- 3) Why do we become discouraged when temptation comes?

- 4) What two lessons can we learn from **Hebrews 4:15** regarding our own temptations?

- 5) “Sin and temptation are _____, but they are _____ synonymous. Temptation may give _____ to sin, but temptation is not _____. This means that you _____ have to _____ when you are tempted.”

- 6) When do temptations become a sin?

- 7) Outline the process from temptation to sin?

- 8) What must we do to decisively resist temptation?

- 9) Why did Joseph remain pure and David fall into impurity?

- 10) What are some of the ways we blame God for our sins?

- 11) Where does our sin problem always originate?

- 12) How are we to successfully overcome temptation?

13) To prosper in our battle with temptation what must we reject?

14) What is the command and promise in **Galatians 5:16**?

15) How do we 'Walk in the Spirit'?

Quote: "We ought to pay attention to the experiences of others in temptation and learn from their victories and their failures."

Quote: "So if you're going to resist temptation, you need to get your desires purified. You need to clean up the inside, because if you get the inside cleaned up, the temptation won't overcome you."

Quote: "Stop blaming your circumstances, other people, and even God. Take full responsibility for **your** responses. Recognize the fact that when **you** yield to temptation, **you** are being enticed and carried away by **your** own desires. Focus your attention on **your** heart. Devote yourself to constantly cleaning up **your** heart, **your** thoughts, and **your** desires, and filling them with God's Word."

God's Solutions to Life's Problems

Lesson #16 "Familification is Essential"

□ Read Chapter Fifteen and answer the following questions from pages 351-374.

Ephesians 4:11-16 "And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers, **12** for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, **13** till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ; **14** that we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness of deceitful plotting, **15** but, speaking the truth in love, may grow up in all things into Him who is the head Christ **16** from whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love."

1) What is the doctrine of "Familification?"

- 2) Why are Christians the only one's called 'sons of God' and 'children of God'?

- 3) What are the implications to all the 'one another's' in the Bible?

- 4) How are Christians to relate to each other based on **1 Timothy 5:1-2**?

- 5) "No one can _____ and meaningfully read the New Testament without being _____ by how _____ these believers _____ for each other."

- 6) What can cause us not to hear the teachings of the Bible?

- 7) What is meant by a 'weak group culture'?

- 8) What is the three-legged stool of the Gospel?

- 9) How do we walk worthy of the Gospel according to **Ephesians 4:1-3**?

10) What is the meaning of the phrase ‘every-person, every-day ministry lifestyle?’

11) According to **Ephesians 4:11-16** when will growth happen in others?

12) What is one of God’s primary means of solving life’s problems?

13) What are we doing when we live independent and detached lives from other believers?

Quote: “We won’t really understand all that the Bible teaches about spiritual growth, about solving our problems God’s way, unless we understand the new relationship we have with other believers.”

Quote: “If we love the people in our churches, we will grow in holiness for their sake.”